

COURSE SPECIFICATION

Name of Institution Mahidol University
 Campus/Faculty/Program ASEAN Institute for Health Development

Section 1 General Information

1. Code and Course Title: ADPM 650 Sufficiency Economy Philosophy for Primary Health Care Management
 สอสม ๖๕๐ ปรัชญาของเศรษฐกิจพอเพียงเพื่อการจัดการสาธารณสุขมูลฐาน

2. Total Credits: 3 (3-0-6) credits (Lecture - Practice - Self Study)

3. Curriculum and Course Category

Master of Primary Health Care Management (International) (Elective Course)

4. Course Coordinator/Course Instructors

4.1 Course Coordinator

Assoc.Prof. Dr.Orapin Laosee

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4.2 Course Instructors

Assoc.Prof. Dr.Orapin Laosee

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Lect Dr. Chanida Lertpitakpong

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Tel. 02 441 9040-3 ext 55

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Invited lecturers

5. Semester / Academic Year of Study: 2/2023

6. Pre-requisite: There are no specific prerequisite courses, but learners must be able to work with equations and perform basic mathematical calculations.

7. Co-requisite: none

8. Venue: ASEAN Institute for Health Development, Mahidol University

9. Latest Date of Course Specification Development or Modification: 1 September 2023

Section 2 Aims and Objectives

1. Course Aims

Upon successful completion of this course, the learners will be able to:

- 1.1 Describe the Concept and principle of Sufficiency Economy Philosophy
- 1.2 Identify the process of development of health system which is balanced and sustained
- 1.3 Select the appropriate strategies of strengthening primary health care networks based on the concept of Sufficiency Economy Philosophy
- 1.4 Purpose strategies and plans for developing people's happiness

2. Objectives of Course Development/Modification

This course is designed to introduce students Concept and principle of Sufficiency Economy Philosophy for primary health care management. The learners will expose to the management of three pillars consisted of moderation, reasonableness, and self-immunity. In addition, the class will deliver the process of development of health system and appropriate strategies of strengthening primary health care networks based on the concept of Sufficiency Economy Philosophy which enhance people's happiness through primary health care network.

Section 3 Course Description and Implementation

1. Course Description

Concept and principle of Sufficiency Economy Philosophy for Primary Health Care; Concept of development of health system which is balanced and sustained; Health and Sufficiency Economy Philosophy; Development of indicators for happiness and sufficiency; Strategies and plans for developing people's happiness; Knowledge management; Applications of Sufficiency Economy Philosophy for solving health problems of patients at individual, family and community levels; Strengthening primary health care networks.

แนวคิดและหลักของปรัชญาของเศรษฐกิจพอเพียงเพื่อการสาธารณสุขมูลฐาน แนวคิดของการพัฒนาระบบสุขภาพที่สมดุลและยั่งยืน สุขภาพกับปรัชญาของเศรษฐกิจพอเพียง การพัฒนาดัชนีความสุขพอเพียง กลยุทธ์และแผนการพัฒนาเพื่อทำให้ประชาชนมีความสุข การจัดการความรู้ การประยุกต์ใช้ปรัชญาของเศรษฐกิจพอเพียงเพื่อการแก้ปัญหาสุขภาพของผู้ป่วยทุกระดับ บุคคล ครอบครัว และชุมชน การส่งเสริมความเข้มแข็งเครือข่ายการทำงานด้านสาธารณสุขมูลฐาน

2. Number of Hours per Semester

Lecture	45	Hours
Tutorial	0	Hour
Practice / Field Experience /Practicum	0	Hour
Self-Study	90	Hours

3. Number of hours provided for academic advice and guidance to an individual student

Every Friday 14.00-16.00 at Building 1, 2nd floor ASEAN Institute for Health Development; Office hours (at least 2 hours/week)

Section 4 Development of the expected learning outcomes

1. A brief summary of the knowledge or skills expected to develop in students; the course-level expected learning outcomes (CLOs)

On completion of the course, students will be able to:

CLO1 Describe the Concept and principle of Sufficiency Economy Philosophy

CLO2 Identify the process of development of health system which is balanced and sustained

CLO3 Select the appropriate strategies of strengthening primary health care networks based on the concept of Sufficiency Economy Philosophy

CLO4 Purpose strategies and plans for developing people's happiness

2. How to organize learning experiences to develop the knowledge or skills stated in number 1 and how to measure the learning outcomes

CLOs	Teaching and learning experience management			Learning outcomes measurements			
	Lecture	Individual Work	Group Work	Test	Assignment quality	Individual Reports	Group Reports
CLO1	x	x		x	x	x	
CLO2	x	x		x	x	x	
CLO3	x		x		x		x
CLO4	x		x		x		x

Section 5 Teaching Plan and Evaluation Plan

1. Teaching Plan

Week No.	Topic	Hrs.			Teaching and Learning Activities	Instructor(s)
		Lecture	Practice	Self-study		
1	Introduction to Sufficiency Economy Philosophy for Primary Health Care Management	3	0	6	Lecture, Discussion	Orapin Laosee
2	Concept and principle of Sufficiency Economy Philosophy	3	0	6	Lecture, exercise	Orapin Laosee
3	The Philosophy of Sufficiency Economy Framework	3	0	6	Lecture, case study	Orapin Laosee
4	The middle path; moderation, reasonableness, and self-immunity	3	0	6	Lecture, Case study	Orapin Laosee
5	Application of knowledge	3	0	6	Lecture, discussion	Chanida Lertpitakpong
6	Application of moral principle	3	0	6	Lecture, case study	Chanida Lertpitakpong
7	The contribution to development; Institutional, human capital, environmental sustainability	3	0	6	Lecture, exercise	Chanida Lertpitakpong
8	Globalization and its impact	3	0	6	Lecture, discussion	Chanida Lertpitakpong
9	Strengthening primary health care networks based on the concept of Sufficiency Economy Philosophy	3	0	6	Lecture, exercise	Chanida Lertpitakpong
10	Strengthening primary health care networks based on the concept of Sufficiency Economy Philosophy; case study	3	0	6	Lecture, Case study	Chanida Lertpitakpong
11	Strategies and plans for developing people's happiness I	3	0	6	Lecture, discussion	Guest lecture
12	Strategies and plans for developing people's happiness; case study	3	0	6	Lecture, case study	Guest lecture
13	Key challenges and future plan	3	0	6	Lecture,	Guest lecture

Week No.	Topic	Hrs.			Teaching and Learning Activities	Instructor(s)
		Lecture	Practice	Self-study		
					Case study	
14	Student presentations	3	0	6	Presentation	Chanida Lertpitakpong
15	Student presentations	3	0	6	Presentation	Chanida Lertpitakpong
	Total	45	0	90		-

2. Evaluation Plan

No.	Learning Outcomes	Evaluation Method	Week of Evaluation	Evaluation Allotment
1.	Describe the Concept and principle of Sufficiency Economy Philosophy	Quiz	2	10%
		Assignments	5	10%
2.	Identify the process of development of health system which is balanced and sustained	Quiz	3	10%
		Assignments	4	10%
3.	Select the appropriate strategies of strengthening primary health care networks based on the concept of Sufficiency Economy Philosophy	Assignments	7, 9	5%
		Individual report	11	25%
4.	Purpose strategies and plans for developing people's happiness	Assignment	12-13	5%
		Group presentation	14-15	25%

Measurement and evaluation of student achievement

A = 85-100 %

B+ = 75- 84 %

B = 65 – 74 %

C+ = 55 – 64 %

C = 45 – 54 %

F = 0- 44 %

Section 6 Teaching Materials and Resources

1. Main Textbook and Course Materials

1. Sathirapanya C, Trijun J, Sathirapanya P. Integrating the Sufficiency Economy Royal Philosophy and Participatory Action Research Approach to Promote Self-Care for Stroke Prevention in Selected Communities of Southern Thailand. *Healthcare (Switzerland)*. 2024;12(14).
2. Chaisuwan BN. SUFFICIENCY ECONOMY PHILOSOPHY-BASED SUSTAINABILITY DIMENSIONS IMPACT ON CUSTOMER EQUITY AND BRAND LOYALTY. *ABAC Journal*. 2021;41(1):43-61.
3. Arpanantikul M, Unsanit P, Rujiwatthanakorn D, Sakunhongsophon S, Lumdubwong A, Choeychom S. Participation in self-care based on the sufficiency economy philosophy among midlife women in Thailand. *Health and Social Care in the Community*. 2021;29(3):756-65.
4. Arpanantikul M, Lumdubwong A, Unsanit P, Rujiwatthanakorn D, Pornsinsiriruck S, Boonrin P. Experiences of thai rural women sustaining self-care in midlife: A phenomenological study. *Pacific Rim International Journal of Nursing Research*. 2020;24(1):140-54.
5. Barua P, Tejavivaddhana P. Impact of application of sufficiency economy philosophy on the well-being of thai population: A systematic review and meta-analysis of relevant studies. *Journal of Population and Social Studies*. 2019;27(3):195-219.

2. Important Documents and Information

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3. Suggested Learning Resources

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Section 7 Course Evaluation and Improvement

1. Evaluation Strategies for Course Effectiveness by Students

Strategies for effective course evaluation by students

1.1 Evaluation of students by peer students to be done by the Faculty of Graduate Studies (Education Services Section)

1.2 Student evaluation to be done by Course Directors at the end of the course

- Course content
- Course management
- Suggestions
- Overall opinion

2. Teaching Evaluation Strategies

- Observation of student behaviors, attitudes, and academic contents during activities of class participation
- Students self-assessments and analysis
- Peer assessments and feedback
- Question and answer
- Volunteering in class organization and designing in summarization of class activities

3. Teaching Improvement

Presentation of course development, techniques used in teaching, and improvement with the participation of program management committee members of AIHD at program management committee meetings.

4. Verification of Students Achievements in the Course

- Analysis of students' learning outcomes using scores from class attendance, individual report activity and presentation
- Observing changes in perception and attitude of individual students and development i.e. personality, presentation, participation in working group, participatory action

5. Course Revision and Improvement Plan

- Meeting with all lecturers teaching the course to discuss and review the course before the semester starts and before each period of teaching
- Teaching materials sharing among lecturers for mutual learning, understanding, and development
- Meeting with all lecturers teaching the course to discuss and review after the course closed to consider requests, feedback, and suggestions of students and make minor improvements to the course syllabus and materials before the next academic year.

Appendix

Relations between the Course and the Program

Program Learning Outcomes

PLO1 Exhibit responsibility, discipline, and honesty according to organizational rules, academic and professional ethics, and morality.

PLO2 Explain the interconnection of multidisciplinary knowledge associated with primary health care management.

PLO3 Design research in primary health care management based on systematic process.

PLO4 Defend in significant ways with questions or points of view or controversies about the area of the primary health care system.

PLO5 Interact professionally when working as a team as both leader and member for solving and managing work assigned.

PLO6 Perform statistical data analysis as they support evaluating, planning, and managing the primary health care system.

PLO7 Communicate clearly and effectively to an array of audiences for a range of purposes.

PLO8 Use information technology effectively to support the study, research, and their efforts to accomplish a specific purpose.

Course	PLO1	PLO2	PLO3	PLO4	PLO5	PLO6	PLO7	PLO8
Elective course								
ADPM 650 Sufficiency Economy Philosophy for Primary Health Care Management 3 (3-0-6)	R	R	R	P	R	I	P	P

I = ELO is introduced & assessed P = ELO is practiced & assessed

R = ELO is reinforced & assessed M = Level of Mastery is assessed

Curriculum Mapping

● Primary responsibility

○ Secondary responsibility

Course Objectives (CLOs)	Program learning domains												
	1. Morality and ethics			2. Knowledg e		3. Intellectual skills			4. Interperson al Skills and Responsibili ty		5. Numeral Analysis Skills, Communication and Use of Information Technology		
	1.1	1.2	1.3	2.1	2.2	3.1	3.2	3.3	4.1	4.2	5.1	5.2	5.3
Describe the Concept and principle of Sufficiency Economy Philosophy	●	●											
Identify the process of development of health system which is balanced and sustained				●	●				●				
Select the appropriate strategies of strengthening primary health care networks based on the concept of Sufficiency Economy Philosophy					●	●	○	●	○				
Purpose strategies and plans for developing people's happiness									○	●	●	○	●

Expected Outcome (TOF.2)**1. Morality and Ethics**

- 1.1 Exhibits discipline, honesty, and punctuality
- 1.2 Behave according to morals and ethics of academic and professional practice
- 1.3 Avoid academic plagiarism

2. Knowledge

- 2.1 Explain the theoretical and practical knowledge associated with primary health care management
- 2.2 Explain the interconnection of various fields of knowledge in primary health care management

3. Intellectual skills

- 3.1 Perform the manners of continuously seeking knowledge
- 3.2 Design the research to solve the problem identified in the primary health care management system
- 3.3 Defend in significant ways with questions or points of view or controversies in related fields.

4. Interpersonal Skill and Responsibility

- 4.1 Perform interpersonal communication skills to establish and enhance personal and work-based relationships.
- 4.2 Perform the role of a leader and working team member appropriately

5. Numeral Analysis Skills, Communication, and Use of Information Technology

- 5.1 Demonstrate the statistical analysis and its interpretation
- 5.2 Communicate clearly and effectively to an array of audiences for a range of purposes.
- 5.3 Use information technology effectively to support the study, research, and efforts to accomplish a specific purpose

Relations between CLOs and PLOs

Course Objectives (CLOs)	Program Learning Outcomes (PLOs)							
	PLO1	PLO2	PLO3	PLO4	PLO5	PLO6	PLO7	PLO8
Describe the Concept and principle of Sufficiency Economy Philosophy	√			√				
Identify the process of development of health system which is balanced and sustained		√		√				√
Select the appropriate strategies of strengthening primary health care networks based on the concept of Sufficiency Economy Philosophy						√	√	√
Purpose strategies and plans for developing people's happiness					√		√	√

Program Learning Outcomes

PLO1 Exhibit responsibility, discipline, and honesty according to organizational rules, academic and professional ethics, and morality.

PLO2 Explain the interconnection of multidisciplinary knowledge associated with primary health care management.

PLO3 Design research in primary health care management based on systematic process.

PLO4 Defend in significant ways with questions or points of view or controversies about the area of the primary health care system.

PLO5 Interact professionally when working as a team as both leader and member for solving and managing work assigned.

PLO6 Perform statistical data analysis as they support evaluating, planning, and managing the primary health care system.

PLO7 Communicate clearly and effectively to an array of audiences for a range of purposes.

PLO8 Use information technology effectively to support the study, research, and their efforts to accomplish a specific purpose.